



## *Personal Introduction*

### *Kazemaru Yukawa*

With both an Eastern and Western family background Kazemaru had an awareness of Ki (the inner life force) since childhood. Beyond the contrast of Eastern and Western thinking she experienced the elements and principles of Ki, meditation, love and compassion to be the essence and greatest healing factors in a human being. Kazemaru was brought up with Holistic Medicine and homeopathy as the only necessary means of treatments.

Early in life Kazemaru was trained by her father, Yoshi Yukawa, a high-level master in martial arts, and Zenergy, to be in control of her body, mind and Ki. In her teenage, she was qualified in Aerobics for Yvonne Linn, the founder of a high profile research and development centre in central Stockholm [www.ylab.com](http://www.ylab.com). Kazemaru worked as an Aero-box Instructor (a combination of Aerobics and Martial Arts) between 1986 and 1991.

In 1987 after graduating in Humanities, she moved from Sweden to Japan and in 1992 she discovered Seitai (lit. 'a being in order') [www.imoto-seitai.com](http://www.imoto-seitai.com). Seitai is a profound art of healing, method of self-care and way of life, to awaken the element of Ki. Between 1992 and 1999 she received personal training and worked alongside her teacher, Master Imoto, and lived as a full time apprentice, according to ancient Japanese traditions, at the Imoto Seitai Education and Development Centre in Tokyo, Japan. Her training included assisting patients, many with life-threatening illnesses and acting as a PA, manager, teacher and interpreter in the spirit of Seitai. She qualified as a professional practitioner and instructor in Imoto Seitai after almost 7 years of intense training.

In 1994, Kazemaru successfully treated her first patient suffering from severe lumbago (lower back pain). She has since treated many suffering from a various conditions. She has organised, held lectures and workshops, interpreted and assisted in Imoto Seitai at Medical Conferences, Schools of Oriental Medicine and independent seminars in Canada, Dubai, France, Germany, Guatemala, India, Japan, Sweden, Switzerland, the United Kingdom, and the United States.

After studying in Japan, she lived in London for nearly 5 years and worked at the Kailash Centre of Oriental Medicine [www.orientalhealing.co.uk](http://www.orientalhealing.co.uk), the Hale Clinic [www.haleclinic.com](http://www.haleclinic.com) and at The Champneys Health Resorts [www.champneys.com](http://www.champneys.com).

Kazemaru also experienced the dimension and power of healing through Qi-Gong, Tui-Na, NIA (Neuromuscular Integrative Activity) and Raja Yoga Meditation, [www.bkwsu.com](http://www.bkwsu.com). All these involve the study and development to life energies and values, the power of the mind and their influences on health and the body.